



Images are a representation of available options; final appearance may vary on site.

HARVIA CUSTOM CUT

Design Guide

A made-to-measure sauna, engineered around your space.

HARVIA

Precision-cut in West Virginia for North American homes

V2 2026

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How to use this guide. Read it with your Harvia dealer and your contractor. Sections 1–5 explain the process and your design choices; Sections 6–8 cover site preparation, support and the worksheet your dealer needs to begin your request.

01 · THE HARVIA STORY

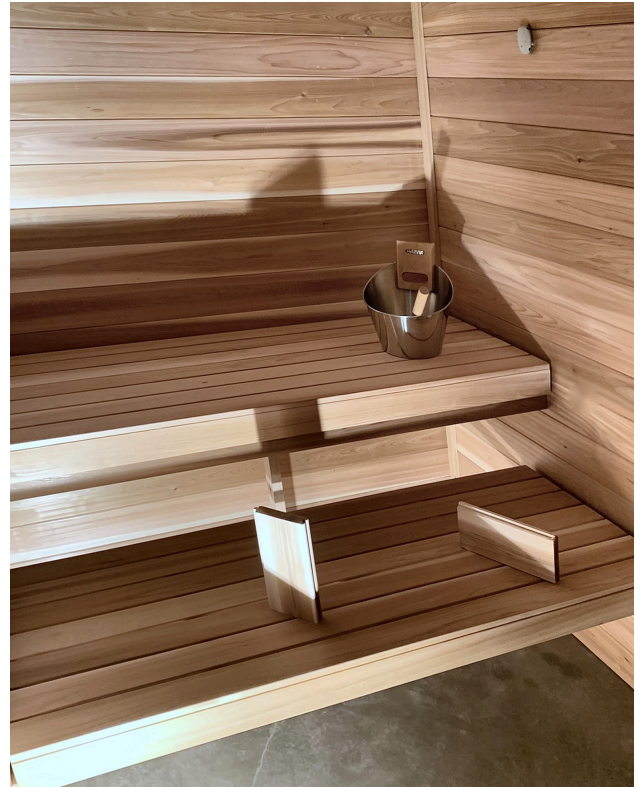
Tailored, Crafted, Personalized

For more than seven decades, Harvia has been perfecting the heart of the sauna: the heater. What began in Finland in 1950 is now the world's most recognized name in sauna, trusted in homes, hotels and spas across the globe.

Harvia Custom Cut brings that heritage home to North America. Every Custom Cut sauna is precision-cut to the exact dimensions of your room in our West Virginia facility — Made in USA, for North American homes.

EST. 1950 · FINLAND

CRAFTED IN WEST VIRGINIA



01 Tailored

Built to your measurements, not a standard footprint. Your sauna fits the space you have, from a basement corner to a dedicated wellness room.

02 Crafted

Every Custom Cut lumber option is a full 1-1/4" thick — the thickest in the industry — for superior heat retention, durability and a more even, enveloping heat.

03 Personalized

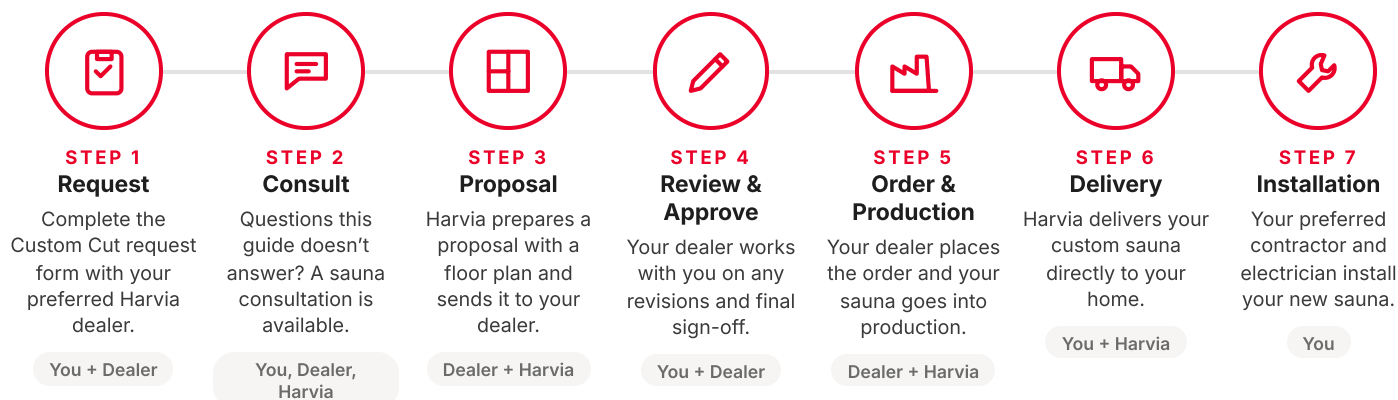
Choose your lumber, bench style, heater and door to create a sauna that reflects how you want to relax.

Images are a representation of available options; final appearance may vary on site.

02 · WHAT TO EXPECT

The Custom Cut Process

Designing a custom sauna is simpler than it sounds. Your Harvia dealer guides you from first measurements to final order, so you always know what comes next.



Typical timeline

Quoting · 2–4 weeks Steps 1–4 · depends on revisions and project details	Production · 6–8 weeks Step 5 · from order placement	Delivery & Installation · 1–2 weeks Steps 6–7 · from production completion
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Planning tip: Allow roughly 7–10 weeks from order to delivery, and schedule your contractor's framing and electrical work accordingly.

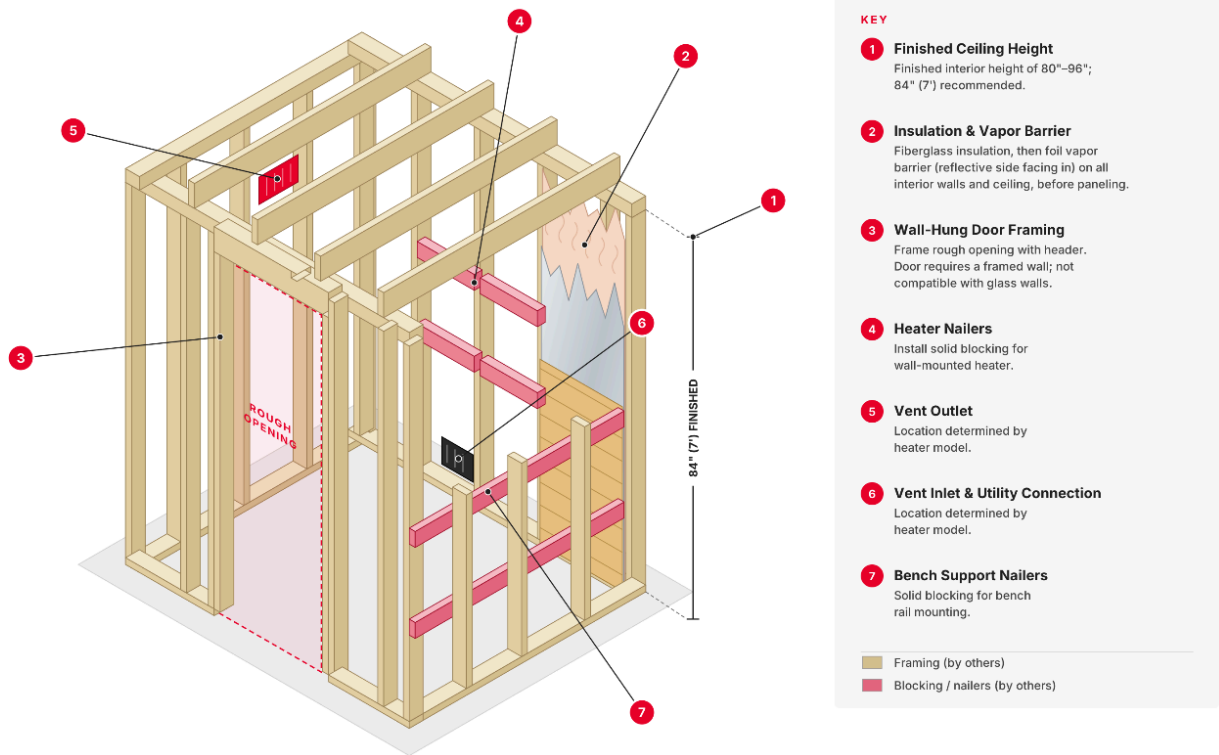
Before your first dealer meeting

- | | | |
|--|---|--|
| 01
Measure the room
Interior wall widths stud to stud, ceiling height and door location on Wall D. | 02
Take photos
One photo of each framed wall plus the ceiling helps your dealer and Harvia plan accurately. | 03
Complete the worksheet
Fill out the Sauna Planning Worksheet at the back of this guide and bring it to your dealer. |
|--|---|--|

03 · YOUR KIT

What's Included

Your Custom Cut kit includes everything needed to finish the interior of your sauna.
Your contractor prepares the room it goes into.



INCLUDED IN YOUR CUSTOM CUT KIT	PROVIDED BY YOUR CONTRACTOR
Precut interior lumber for walls and ceiling	Frame build
Vapor barrier	Insulation
Precut benches	Ventilation layout (passive air inlet and outlet)
Mood lighting	Any additional glass
Harvia heater and components	Finished flooring
Harvia Fenix control (included with digital heaters)	Electrical supply by a licensed electrician

Your responsibility. Harvia supplies the items listed in your Custom Cut kit. Everything in the right-hand column, including code compliance, permits and installation, is the responsibility of the homeowner and their contractor.

Door: a Harvia sauna door is optional and is not included in the standard kit (see Section 5).

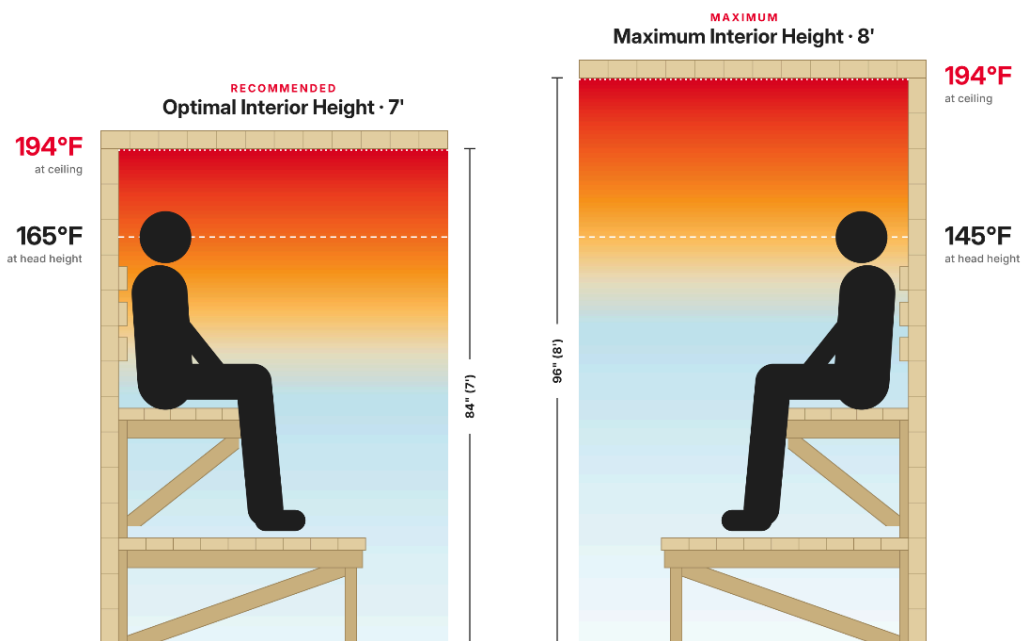
04 · FUNDAMENTALS

Sauna Design Basics

A few fundamentals make the difference between a good sauna and a great one.

Ceiling height

Heat rises and collects at the ceiling. The recommended finished ceiling height for a Custom Cut sauna is **7 feet**, which heats efficiently and places the upper bench in the best of the heat. Ceilings up to **8 feet** can be accommodated.



Ventilation

Good airflow keeps the air fresh and the heat comfortable. Every Custom Cut sauna uses natural air exchange 8–10 times an hour:

- **Air inlet** near or behind the heater, where incoming fresh air is warmed right away
- **Air outlet** at the farthest point of the room from the heater, drawing heat across the entire space

Exact vent sizes and positions depend on the heater model you select and are shown on your proposal drawings. Plan vent openings with your contractor before framing.

Materials

Glass and natural stone are not thermal insulators. They absorb heat and lose it faster than insulated walls, which increases the load on your heater. Every glass or stone surface should be accounted for when sizing your heater, as well as any "hot" touch points.

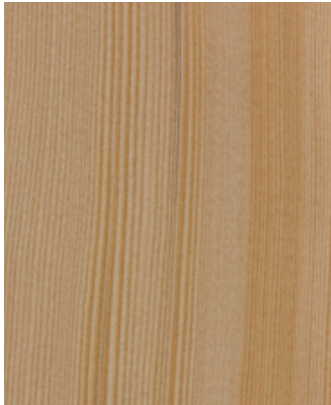
Heater location

Heater placement affects safety clearances, airflow and bench layout. Your dealer and the Harvia team will confirm placement in your proposal.

05 · DESIGN OPTIONS

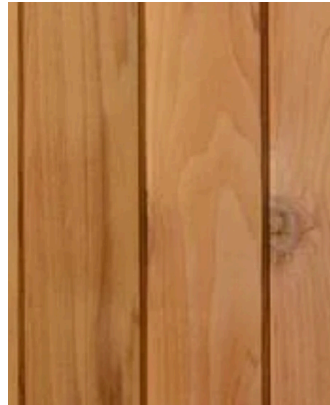
Lumber

All four Custom Cut lumber options are 1-1/4" thick for exceptional performance and heat retention.



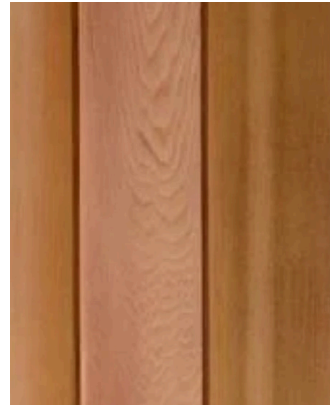
Hemfir

Light, uniform tone with a clean, contemporary look.



Rustic Cedar

Natural knots and warm color variation; classic cedar aroma.



Clear Cedar

Premium grade with a refined finish, minimal knot appearance and cedar aroma.

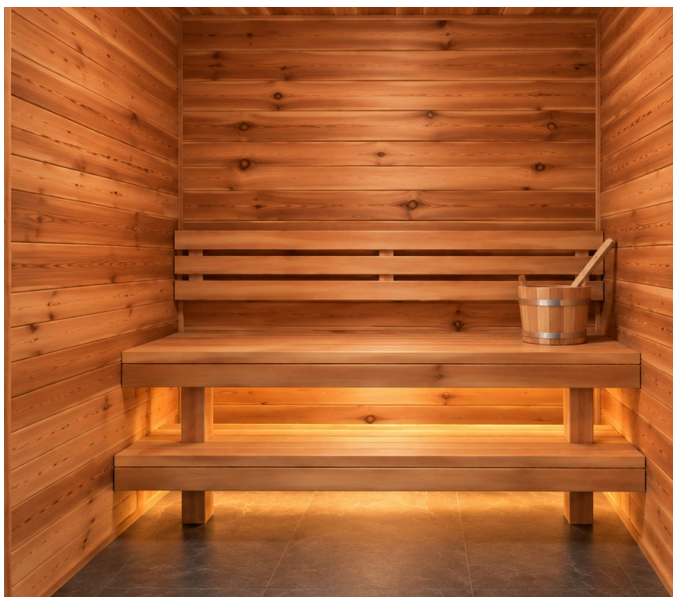


Thermally Modified Hemlock

Rich, warmer tone; heat-treated for added stability.

Lumber direction

Specify how you would like the lumber to run on the walls.



Horizontal

Boards run wall to wall for a calm, linear look.



Vertical

Boards run floor to ceiling for added height. Requires an 8' maximum ceiling.

Images are a representation of available options; final appearance may vary on site.

05 · DESIGN OPTIONS

Benches, Lighting & Door

Bench style



Floating

Wall-mounted with no visible supports for a light, modern look.

Available in lengths up to 60".



Open

Supported bench with open space beneath for airflow and a traditional feel.



Skirted

Front panel conceals the space beneath for a finished, built-in appearance.

Standard bench widths: 24-3/8" · 20-7/8" · 17-1/2" · 14" · 10-1/2". Bench heights are shown on your proposal drawings.

Lighting



Included: a single mood light strip per bench, installed beneath the bench for a soft, ambient glow.

- Controlled with a separate remote
- One strip included for each bench in your design

Optional door



The optional Harvia sauna door is a tempered glass panel set in a solid wood frame, finished with a polished stainless steel and wood pull handle. It ships ready to hang in your framed opening.

DOOR SIZE	ROUGH-IN (W × H)
24" door	32" W × 76.5" H
30" door	38" W × 76.5" H
36" door	44" W × 76.5" H

- Doors open outward for safety
- Choose a left- or right-hand hinge on your worksheet
- Rough opening is framed by your contractor on Wall D

Limitations: The Harvia sauna door can only be hung on a framed wall. It cannot be integrated into a glass wall.

Images are a representation of available options; final appearance may vary on site.

05 · DESIGN OPTIONS

Heater & Accessories

Custom Cut saunas are powered exclusively by Harvia heaters. Every digital heater is paired with the **Harvia Fenix control** for intuitive, precise operation.

Heaters



Virta

Powerful Finnish sauna experience.

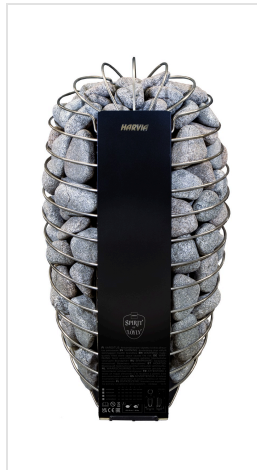
Digital / WiFi



Virta Combi

Automatic bio sauna experience with reservoir.

Digital / WiFi



Spirit

Decorative bio sauna experience.

Digital / WiFi



Cilindro

Powerful bio sauna experience.

Digital / WiFi



KIP

Compact design for limited spaces.

Dial / Manual or Digital / WiFi

Accessories

Complete your sauna with a Harvia bucket and ladle.



Black Steel

Bucket & Ladle Kit with Climate Station

Model SA007



Polished Stainless

Bucket & Ladle Kit with Climate Station

Model SA006



Honed Black

Bucket & ladle

Model SAC10111

06 · BEFORE DELIVERY

Planning Your Space

Site preparation

Before your sauna arrives, your contractor should complete:

- **Framing** of all walls and ceiling
- **Insulation** of walls and ceiling
- **Utilities**, including electrical rough-in and ventilation access
- **Finished flooring**, so the sauna build-out can begin

Delivery

Your Custom Cut sauna is delivered curbside on a 40-foot flatbed truck. Plan to move all components into a covered, climate-controlled area to protect the raw lumber before installation.

Inspect on arrival. Report any missing or damaged parts within 7 days of delivery.

Installation

Harvia does not provide on-site installation. Your contractor installs the sauna using the Custom Cut Installation Manual. At a glance:

- 1 Confirm framing, insulation and electrical rough-in are complete
- 2 Install the vapor barrier
- 3 Install wall and ceiling lumber
- 4 Install benches
- 5 Install the heater and control (electrical connection by a licensed electrician)
- 6 Install lighting, door (if ordered) and accessories

Always follow the Harvia Custom Cut Installation Manual and the heater specifications for clearances, wiring and complete instructions.

07 · WE'RE HERE TO HELP

Support & Contact

Your Harvia dealer is your first point of contact for every step of your Custom Cut project.

Schedule a sauna consultation. Have questions about layout, heater selection or materials? Ask your Harvia dealer to schedule a consultation with our sauna team.

DESIGN & ORDERING**Your local Harvia dealer**

Quotes, revisions, orders and consultations

TECHNICAL SUPPORT**customsauna@harvia.com**

Installation, product and warranty questions

PHONE**800-776-0711**

Harvia North America Customer Support

HARVIA US HEADQUARTERS**1958 Steam Way**

Round Rock, TX 78665

WARRANTY**thermasol.com**

Warranty information and registration

ONLINE**harvia.com/en-US/**

Heaters, controls and accessories

Supporting documents

Sauna Planning Worksheet

Attached at the back of this guide. Complete it and share with your dealer.

Custom Cut Installation Manual

Step-by-step installation instructions for your contractor.

Custom Cut FAQ

Answers to common questions about planning and build-out.

Heater manual

Clearances, wiring and specifications for your selected heater.

HARVIA CUSTOM CUT

Sauna Planning Worksheet

Gather these details with your contractor, then share this worksheet with your Harvia dealer. Fill in what you can; your dealer will help with the rest. See the Harvia Custom Cut Design Guide for option details.

1

CONTACT & PROJECT

Customer name		Date	
Email		Phone	
Installation address			
City		State	
Zip			
Needed on site	☐ 2–3 months ☐ 3–6 months ☐ 6+ months ☐ Not sure		

Typical timeline: 2–4 weeks for quoting, then 6–8 weeks for production.

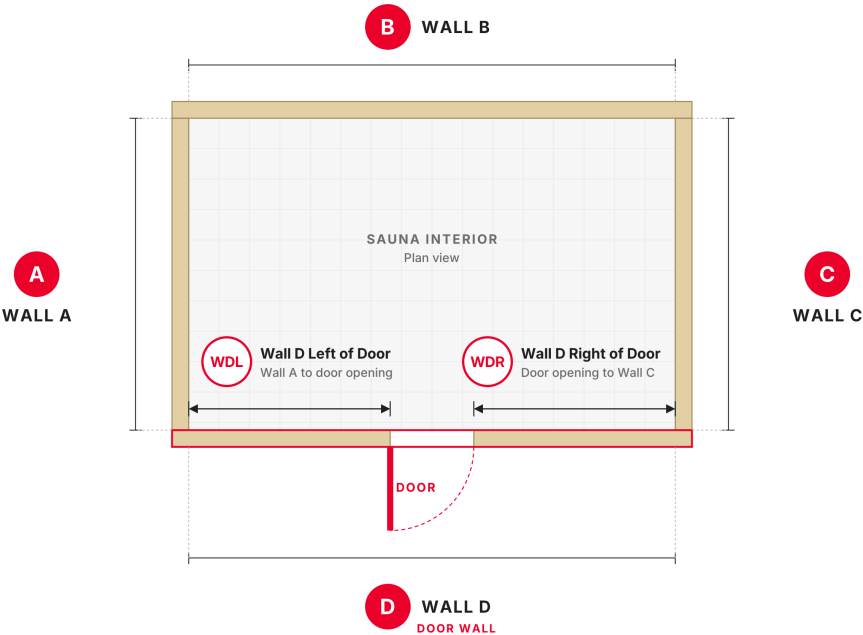
2

DELIVERY *Curbside delivery on a 40' flatbed truck*

Loading dock or forklift on site?	☐ Yes ☐ No <i>If no, a lift gate is required for delivery.</i>
Covered, climate-controlled storage available?	☐ Yes ☐ No <i>Components must be protected from the elements until installation.</i>

3

ROOM MEASUREMENTS *Measure stud to stud, after framing, in inches*



Wall A	Wall B	Wall C	Wall D	WDL	WDR
in.	in.	in.	in.	in.	in.

Ceiling height	☐ Level in. ☐ Pitched, at each wall: A B C D 84" rec. / 96" max.					
Ceiling joist direction	☐ Wall A to Wall C ☐ Wall B to Wall D					
Glass walls	☐ None ☐ Wall A ☐ Wall B ☐ Wall C ☐ Wall D					

4 YOUR SELECTIONS See the Design Guide for photos and descriptions	
Wall board direction	☐ Horizontal ☐ Vertical
Bench style	☐ Floating ☐ Open ☐ Skirted Floating bench available in 60" length or less.
Heater	☐ Recommend for my room ☐ Preferred model:
Power supply	☐ 240V, 1-phase ☐ 208V, 3-phase ☐ Not sure Defaults to 240V if not specified.
Door	☐ Add Harvia sauna door ☐ Door by others
Door hinge side	☐ Left ☐ Right Standing outside, facing the door. Door opens outward.
Bucket & ladle kit	☐ Black Stainless ☐ Polished Stainless ☐ Honed Black

5 NOTES & SPECIAL REQUESTS

BEFORE YOU SEND TO YOUR DEALER
☐ All wall measurements are stud to stud, taken after framing.
☐ Wall D is the door wall, and WDL and WDR are filled in.
☐ Photos of the framed room are attached, if available (one per wall, plus the ceiling).
☐ Floor plan or design intent is attached, if available (PDF format only).

CUSTOMER ACKNOWLEDGEMENT
By signing below, I confirm that the information on this worksheet is accurate to the best of my knowledge. I understand that I am responsible for confirming exact dimensions, and that Harvia prepares my proposal and drawings from this information. Once delivered, components, utilities and installation are the customer's responsibility.

CUSTOMER SIGNATURE

DATE

PRINTED NAME